



SEASONS GREETINGS!

CELEBRATING DIVERSITY

A simple holiday greeting can become a nail-biting affair. No one wants to offend anyone or make assumptions about religious practices — especially at work.

While there's no one magical solution, below are some suggestions you might find helpful to spread winter cheer.

"HAPPY HOLIDAYS": A GOOD RULE OF THUMB FOR INCLUSIVE HOLIDAY GREETINGS

When you aren't sure what someone celebrates, consider using a broader phrase like "Happy Holidays."

"By using the inclusive term, you're doing your part to make sure everyone's holiday actually is as happy as it can be."

"Happy Holidays" is Generally Considered a Safe Bet...

- When you aren't sure what your co-worker might celebrate ...
- Or, when you are addressing a broad group of people ...

Then, consider "Happy Holidays" as an inclusive seasonal greeting.

ACCORDING TO WHOPI GOLDBERG:

"'HAPPY HOLIDAYS' ALLOWS EVERYBODY TO BE INCLUDED ... WHEN YOU'RE WALKING PAST SOMEBODY, YOU DON'T KNOW WHAT THEIR RELIGIOUS BELIEFS ARE OR WHETHER THEY HAVE THEM. IF THEY HAVE RELIGIOUS BELIEFS AND YOU CAN'T TELL WHAT THEY ARE, SAY 'HAPPY HOLIDAYS.'"

WINTER HOLIDAYS A-Z:

- **Bodhi Day:** A Buddhist celebration of when the Buddha realized enlightenment. December 8.
- **Christmas:** The celebration of Jesus' birth. December 25. For Eastern Orthodox Christians, January 7.
- **Diwali:** A five-day Hindu celebration of the Festival of Lights. October 22-27, 2022. Say: "Happy Diwali," "Wishing you a Diwali that brings happiness, prosperity, and joy to you and all your family."
- **Eid al-Fitr:** The Muslim celebration of Ramadan's end. The Muslim calendar has shifting dates, in 2023 it will be celebrated on April 20. Say: "Eid Mubarak."
- **Hanukkah:** The eight-day Jewish celebration of the Festival of Lights. December 18-26, 2022. Say: "Happy Hanukkah." Pro tip: "Chag Sameach" is Hebrew for "Happy Holiday" and fits most Jewish holidays (excluding the Sabbath and most fast days).
- **Kwanzaa:** A weeklong secular holiday honoring African-American heritage. From December 26 to January 1. Say, "Joyous Kwanzaa." Or ask, "Habari gani?" In Swahili, that means, "What's the news?" The answer is whatever day of Kwanzaa it is ("Umoja," "Kujichagulia," etc.).
- **Lunar New Year:** "The most important holiday in several East Asian countries, marking the start of the Chinese lunar calendar... January 22 in 2023.

CLASSIC HOLIDAY SEASON DISHES FROM AROUND THE WORLD

OTHER THAN THANKSGIVING, THE HOLIDAY SEASON IS ALSO KNOWN FOR ITS FEASTS AND CELEBRATIONS. HERE ARE THE DIFFERENT CULTURAL HOLIDAY SEASON PLATTERS FROM AROUND THE WORLD!

Canada

BUTTER TARTS

This is a Canadian classic when it's the Holiday Season. It's pretty popular year-round, but especially during the Holiday Season, to enjoy with family and friends. Butter Tart recipes actually originated in Canada, and they totally satisfy those with a sweet tooth. Made with brown sugar, butter, raisins, pecans, and pastry.



TOURTIÈRE

This French-Canadian dish comes from Quebec, this is a double crusted meat pie often made with minced pork or beef, and potato. The tourtière is one of the most popular Christmas dishes served with wine, cheese, and a slice of sugar pie. It adds a great savory twist to turkey.

Norway

RIBBE

The most popular dish during Christmastime, Ribbe is essentially a [roasted] bone-in pork rib with crispy skin. It's served with sweet and sour sides, which include, but are not limited to, boiled potatoes, sausages, prunes, pickled red cabbages, cranberry sauce, fried apple slices, and patties.



LUTEFISK

Lutefisk is dried cod that has been soaked in a lye solution for several days to rehydrate it. It is then boiled and served with butter, salt, and pepper. Most people rarely eat it more than once a year. It may have been eaten on Catholic holidays as long ago as the mid-16th-century.

Australia

PRAWNS (AND OTHER SEAFOOD)

Since Christmas in Australia is in the summer seasons, their meals are a bit different. Seafood is a big thing in Australia when it comes to Christmastime. From prawn cocktails to barbecued shrimp, you'll want to include some food from the ocean on your Australian Christmas platter.



WHITE CHRISTMAS [SLICE]

Something easy to make and a favorite amongst children, this is a sweet Australian dessert that is made with white chocolate. These square pieces don't require baking and include simple ingredients such as dried cranberries, toasted slivered almonds, sultanas (raisins), dried coconuts, and rice bubbles/puffed rice.

Japan



CHRISTMAS CAKE

With its Christmas-like white-and-red coloring, the Strawberry Shortcake has become the unofficial Christmas Eve dessert in Japan. It may also come in other flavors if you don't like strawberries.

KFC (KENTUCKY FRIED CHICKEN)

It's true; the traditional Japanese Christmas food since the 1970s has been fried chicken! KFC meals are extremely popular during Christmastime, and today's KFC meals also include some special dishes like cake, sparkling wine, and cornbread. People may also cook their own chicken at home

WAGASHI

This is a sweet Japanese dessert that is eaten instead of cakes. Normally, the sweets are created with traditional ingredients like red bean (anko), mocha, rice, and agar jelly. These small treats can be shaped into different festive shapes like reindeer, Santa Claus, and holly leaves.

HAPPY HOLIDAYS!

TAKE THE TIME TO REST AND ENJOY YOUR FAMILY, FRIENDS AND LOVE ONES.

MAY THE HAPPINESS OF LAST YEAR SHINE IN THIS ONE.



2022-2023



2021-2022

